

# NAWAID M SHAKIR MD FCCP

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## CURRICULUM VITAE

### **PRACTICE INFORMATION: Suburban Lung Associates SC**

Eberle Doctor's Medical Building  
800 Biesterfield Rd, Suite 510  
Elk Grove Village IL 60007

### **EDUCATION AND POSTGRADUATE TRAINING**

2007-2008	<b>North Shore University Hospital-NYU School of Medicine, Manhasset, New York</b> <i>Chief Fellow, Pulmonary and Critical Care</i>
2005-2008	<b>North Shore University Hospital-NYU School of Medicine, Manhasset, New York</b> <i>Fellow, Pulmonary and Critical Care</i>
2004-2005	<b>Mercy Hospital and Medical Center-University of Illinois, Chicago, Illinois</b> <i>Chief Resident, Internal Medicine</i>
2001-2004	<b>Mercy Hospital and Medical Center-University of Illinois, Chicago, Illinois</b> <i>Intern and Resident, Internal Medicine</i>
1997-2001	<b>St. George's University School of Medicine, Grenada, West Indies</b> <i>Doctor of Medicine</i>
1990-1994	<b>Northwestern University, Evanston, Illinois</b> <i>Bachelor of Science, Biomedical Engineering</i>

### **HONORS**

2007	Lawrence Scherr Scholarly Activity Award
2001-2002	Intern of the Year Award
1993	Northwestern University Dean's List
1990-1991	Illinois State Scholar

### **BOARD CERTIFICATION**

1999	United States Medical Licensing Exam Step 1
2000	United States Medical Licensing Exam Step 2
2003	United States Medical Licensing Exam Step 3
2004	Board Certified in Internal Medicine, American Board of Internal Medicine

### **LICENSURE AND CERTIFICATIONS**

State of Illinois Licensed Physician and Surgeon  
Illinois State Controlled Substance License  
Federal DEA  
New York State License  
Advanced Cardiac Life Support  
NIH Stroke Scale Certification

## **PROFESSIONAL EXPERIENCE**

- 2008- Present      **Suburban Lung Associates SC**  
Pulmonary & Critical Care Physician
- 1996-1997      **Medical College Admissions Test Instructor**  
**Princeton Review, Chicago, Illinois**
- Content and technique taught in biological sciences and verbal reasoning sections of The MCAT exam
- 1995-1996      **Laboratory Technician**  
**Corning Clinical Laboratories, Wood Dale, Illinois**
- Performed various laboratory tests on patient specimens in the serology department

## **RESEARCH**

- 2006-Present      **North Shore University Hospital, Division of Pulmonary, Critical Care, and Sleep Medicine, Manhasset, New York**  
Harly Greenberg, M.D.
- Correlation of Severity of Sleep Disordered Breathing with Post-operative Complications
  - Retrospective chart review study evaluating patients screened with overnight pulse Oximetry
- 2005-Present      Arunabh Talwar, M.D.
- Impact on Health-Related Quality of Life in an Elderly Population following Hospitalization for an Episode of Community-Acquired Pneumonia
  - Cohort study evaluating patients up to year post discharge utilizing the SF-36 Questionnaire
- 2002-2003      **Northwestern Memorial Hospital, Division of Cardiology, Chicago, Illinois**  
Vera H. Rigolin, M.D.
- Evaluation of patients with valvular regurgitation before and after surgery using two and three dimensional echocardiography
  - Principally involved in tracing different parameters of the echocardiogram to evaluate Atrial and ventricular remodeling post surgery and performed statistical analysis
- 1993      **Northwestern University Medical School, Department of Neuroendocrinology, Chicago, Illinois**  
Gary L. Robertson, M.D.
- Research on the genetic basis of inherited differences in vasopressin in healthy humans And diabetes insipidus patients
  - Aided in preparing different assays and studied the neuroanatomy using mice

## **PROFESSIONAL SOCIETIES AND ORGANIZATIONS**

American College of Chest Physicians  
American Thoracic Society  
American Medical Association  
American College of Physicians  
Society of Critical Care Medicine  
American Academy of Sleep Medicine

## PUBLICATIONS – ABSTRACTS / PRESENTATIONS

**Shakir N**, Hwang D, Greenberg H, et al. Association of sleep-disordered breathing with post-operative Complications. Poster Presentation at the 2007 Associated Professional Sleep Societies Annual Meeting and Slide Presentation at the 2007 Lawrence Scherr Scholarly Activity Award Conference.

**Shakir N**, Patel N, Talwar A, et al. Quality of health post discharge as measured by short form-36 Questionnaire in an elderly cohort admitted with community acquired pneumonia. *Am J Respir Crit Care Med* 2007;175:A111. Poster Presentation at the 2007 American Thoracic Society Annual Meeting.

Verbsky J, **Shakir N**, Lisker G, et al. Pneumonia in patients who have had gastric bypass surgery: a case of Definitively diagnosed aspiration pneumonia. Poster Presentation at the 2007 Lawrence Scherr Scholarly Activity Award Conference.

Li W, **Shakir N**, Hussain E. A case of rhabdomyolysis induced in isoniazid poisoning. Poster Presentation at the 2006 American College of Physicians Downstate Conference.

Maganti K, **Shakir NM**, Rigolin VH, et al. Left ventricular remodeling differs in chronic aortic Insufficiency and mitral regurgitation following surgical correction. *J Am Coll Cardiol*. 2003;41 (suppl A):502A. Poster Presentation at the 2003 American College of Cardiology Annual Scientific Session.

**Shakir N**, Flores R, Sweeney H. The stress of a test: a case of hypokalemic thyrotoxic periodic paralysis. *J Gen Intern Med*. 2003;18(suppl 1):87. Clinical Vignette Presentation at the 2002 American College of Physicians Illinois Chapter Annual Associates Meeting and Poster Presentation at the 2003 Society of General Internal Medicine Annual Meeting.

**Shakir NM**, Maganti K, Rigolin VH, et al. Left atrial remodeling in patients after mitral valve repair using Two-dimensional echocardiography.

## INTRAMURAL PRESENTATIONS

Dec. 13, 2006	Grand Rounds on Hepatopulmonary Vascular Disorders
Mar. 29, 2006	Critical Care Conference on Acute Respiratory Distress Syndrome
Mar. 16, 2006	Grand Rounds Case Presentation on Myasthenia Gravis in the Intensive Care Unit
Aug. 18, 2005	Pulmonary Core Lecture on HIV and Lung Disease
Sept. 2, 2003	Clinicopathological Conference on Pott's disease
Aug. 18, 2003	Journal Club Presentation on Magnesium Sulfate in the Treatment of Acute Severe Asthma
Oct. 17, 2002	Journal Club Presentation on COX-2 Inhibitors and Acute Coronary Syndromes
Oct. 15, 2002	Resident Presentation on Pericardial Diseases
Sept. 20, 2002	Autopsy Conference on Pulmonary Embolism
May 10, 2002	Intern Presentation on Low Back Pain

## EXTRACURRICULAR

2002-2004	House Staff Council
2002-2004	Ethics Committees
2001-2003	Harrison's Club
1997-1998	St. George's University Orientation Committee
1997-1998	Emergency Medicine Club
1994-1995	Northwestern Memorial Hospital Neurology and Emergency Department Volunteer

