

---

**SUBURBAN LUNG ASSOCIATES, S.C.**  
Eberly Medical Plaza, 800 Biesterfield Rd., Suite 510  
Elk Grove Village, IL 60007

---

NAME..... **CLIFFORD A. MASSIE PhD, ABSM, BSM**

OFFICE ADDRESS..... Alexian Brothers Medical Center  
800 Biesterfield Rd., Suite 510  
Elk Grove Village, IL 60007  
Phone: 847.981.3660  
Fax: 847.956.5108

Central DuPage Hospital  
25 N Winfield Rd  
Winfield IL 60190

LICENSURE AND CERTIFICATION..... Licensed Clinical Psychologist, State of IL  
  
Diplomate, American Board of Sleep Medicine  
  
Behavioral Sleep Medicine

PREDOCTORAL RESIDENCY..... Clinical Psychology  
Rush-Presbyterian-St. Luke's Medical Center  
Chicago, IL

EDUCATION..... 1993 PhD Clinical Psychology  
University of Miami  
Coral Gables, FL  
1991 MS Clinical Psychology  
University of Miami  
Coral Gables, FL  
1985 BA, Highest Honors in Psychology  
University of North Carolina  
Chapel Hill, NC

PROFESSIONAL AFFILIATIONS..... American Academy of Sleep Medicine  
Sleep Research Society

## INTERNATIONAL PRESENTATIONS

Preliminary report on the comparison between automatic and manual positive airway pressure therapy in the home using the AutoSet T (poster presentation). 6<sup>th</sup> World Congress on Sleep Apnea. Sydney, Australia. March 2000.

CPAP Technology: Humidification, Mask Interface and Auto-CPAP (oral presentation). 7<sup>th</sup> World Congress on Sleep Apnea. Helsinki, Finland. July 2003.

Identifying Bariatric surgery patients at risk for sleep disordered breathing (poster presentation). 17<sup>th</sup> Congress of the European Sleep Research Society. Prague, Chechia. October 2004.

## PUBLICATIONS

Massie CA, Puerkal C, Juszynski G, Rubinstein W, Weber B. CPAP treatment for obstructive sleep apnea: Patient education and compliance. *Sleep Research* 1994; 23: 286.

Massie CA, Daniels R. Compliance with CPAP: Preliminary results of a four-week prospective study. *Sleep Research* 1995; 24A: 346.

Massie CA, Daniels R, Juszynski G. Leg actigraphy: Preliminary normative data. *Sleep Research* 1995; 24: 284.

Massie CA, Daniels R, Puerkal C, Juszynski G, Rubinstein W, Weber B. Relationships among psychological symptoms status, coping styles, and daytime sleepiness in patients with obstructive sleep apnea. *Sleep Research* 1995; 24: 170.

Massie CA, Daniels R. Nasal CPAP therapy for patients with obstructive sleep apnea: Patterns of use and changes in psychological symptoms during the first six months. *Sleep Research* 1996; 25: 294.

Massie CA, Hart RW, Peralez K, Richards G. Effects of humidification on nasal symptoms and compliance in sleep apnea patients using continuous positive airway pressure. *Chest* 1999; 116: 403-408.

Massie CA, Hart, RW. AutoSet nasal CPAP titration: In-home validation using comprehensive portable polysomnography. *Sleep* 2000; 23: A263.

Massie CA, Hart RW. Preliminary report on the comparison between automatic and manual positive airway pressure therapy in the home using the AutoSet T. *Sleep* 2000; 23: A264.

Hart RW, Massie CA. Predicting obstructive sleep apnea and nocturnal desaturation in patients evaluated for gastric bypass surgery. *Obesity Surgery* 2000; 10: 141.

Massie CA, Ahrens SC, Hart RW. Continuous positive airway pressure (CPAP) interface and compliance. *Sleep* 2001; 24: A278.

Massie CA, Hart R, Douglas N. Comparison between automatic and manual continuous positive airway pressure (CPAP) therapy using the AutoSet T. *Am J Respir Crit Care Med* 2002; 165: A724.

Hart RW, Massie CA. Is polysomnography necessary in patients evaluated for gastric bypass surgery? *Obesity Surgery* 2002; 12: 198.

Massie CA, Hart RW. Clinical outcomes related to interface type in patients with obstructive sleep apnea-hypopnea syndrome who are using continuous positive airway pressure. *Chest* 2003; 123: 1112-1118.

Massie, CA, McArdle, N, Hart, RW, Schmidt-Nowara WW, Lankford A, Hudgel DW, Gordon, N, Douglas NJ. Comparison between automatic and fixed positive airway pressure therapy in the home. *Am J Respir Crit Care Med* 2003; 167: 20-23.

Massie C. CPAP technology: Humidification, mask interface and auto-CPAP. *Sleep Medicine* 2003; 4S1: S31.